

Mow Stocking FARM DOOR Healthy, ready-made frozen meals



Plus

manv

more

choices!

Main Meals

with Fresh Seasonal Vegetables 400g

CHICKEN

- Butter Chicken with Rice (GF)
- Chicken Breast Parmigiana with Creamy Mash
- French Chicken with Creamy Mash (GF)
- Roast Chicken with Homemade Gravy (GF) (DR
- Chicken Honey Curry With Steamed Rice
 Chicken Schnitzel with Gravy and Creamy Mashed Potato

PORK

- BBQ Pulled Pork with Potato Gratin (GF)
- Roast Pork with Homemade Gravy (GF) (DF
- Sweet & Sour Pork with Rice (GF) (DF)

LAMB

- Lamb Shanks with Creamy Mash (GF)
- Roast Lamb with Homemade Gravy (GF) (DF)

BEEF

- Beef Bourguignon with Creamy Mash (GF)
- Beef Ragu Lasagna
- Spaghetti Bolognaise
- Shepherd's Pie (GF)
- Beef Stroganoff with Macaroni

SEAFOOD

- King Prawns with Garlic Cream Sauce & Steamed Rice
- Curried Prawns with Steamed Rice (DF)
- Crumbed Fish with Baked Potato wedges
- Tuna Mornay with Creamy Mashed Potato

VEGETARIAN

Indian Vegetable Curry (GF) (DF) (V)

Soups 200g

- Beef & Vegetable (GF) (DF)
- Chicken & Vegetable (GF) (DF)
- Pumpkin (GF)
- Beef & Vegetable (GF) (DF)

Kids Meals

with Hidden Vegetables 220g

- Mids Cauli Mac'n Cheese
- Kids Lasagna
- Kids Shepherd's Pie(GF)
- Kids Butter Chicken(GF)

Petite Meals

\$10.99

vith Fresh Seasonal Vegetables 280g

PORK & CHICKEN

- Chicken Honey Curry with Steamed Rice (DF)
- Chicken Mornay with Spiral Pasta
- Roast Chicken with Homemade Gravy (GF) (DF)
- Roast Pork with Homemade Gravy (GF) (DF)
- Sweet & Sour Pork with Steamed Rice (GF) (DF) Indian Butter Chicken with Steamed Rice (Mild) (GF)

LAMB & BEEF

- Beef Bourguignon with Creamy Mash (GF)
- Beef Stroganoff with Macaroni
- Beef Lasagna
- Roast Lamb with Homemade Gravy (GF) (DF)
- Shepherd's Pie (GF)

FISH

- Battered Fish Pieces with Baked Potato Wedges (DF)
- Tuna Mornay with Mashed Potato

Family Meals

- Butter Chicken (mild) 1kg (GF)
- Quiche (4 pack)

Desserts



- Apple Crumble with Custard
- Baked Vanilla Rice Pudding with Cream (GF)
- Pavlova with Fresh Cream & Local Strawberries (GF)
- Sticky Date Pudding
- Banana Pudding with Caramel Sauce
- Boston Apple And Cinnamon Cake with Custard
- Baked Lemon Pudding with Custard
- Lemon Cheesecake
- Pears with Custard
- Fears with Custaru
- Stewed Rhubarb & Apple with Custard
- Chocolate Bavarian Cream Pie
- Bread and Butter Pudding

LORD STREET PHARMACY

1/85 Lord Street, Port Macquarie NSW 2444

P (02) 6583 4711

airy Free (DF) | Gluten Free (GF) | Vegetarian (V)